

Text: **Philippians 2:1-5**

Who wrote it? Paul

When was it written? Around AD 62, during Paul's house arrest in Rome, he awaited a hearing before Nero.

By the time Paul wrote Philippians, the church had been in existence for over a decade and had steadily grown from its humble beginnings as a small house church in Lydia's home.

1. Paul wrote this letter first to thank the Philippians for their ministry support. They had distinguished themselves in self-sacrificial giving.
2. He wrote to give them a general warning against false teachings.

Chapter 2 Summary

There is the suggestion in this passage of disunity in the Philippian church (see also 4:1–3). Paul appeals to them on the basis of their Christian experience to have unity of mind and heart and to put others ahead of themselves. What motives are there for unity in the church? Christ is the greatest incentive; if we are in Christ, we ought to be able to live with one another! Other incentives include love, the fellowship of the Spirit, the deep-seated desires we have in Christ, and the joy we can bring to others. Paul saw strife and selfish ambition among the Roman believers (1:14–17), and he warns that it must not be present at Philippi.

Matthew 6:33 (NLT)

Seek the Kingdom of God above all else, and live righteously, and he will give you everything you need.

God first and my spouse above the rest.

The goal is to have a HEALTHY and HOLY MARRIAGE.

BOLD LAW - "Success is simple, not easy."

Do you want to be an "energy vampire" or an "energy source" for your spouse?

A healthy marriage requires intentionality.

We must have a UNIFIED PURPOSE.

"ANYTHING LESS THAN 100% SUPPORT IS 100 SABOTAGE."
-Diana Kokoszka

Selflessness doesn't mean that we think LESS of OURSELVES.
We simply think of others MORE.

COMMITMENT 1: We will give ourselves to a regular lifestyle of confession and forgiveness.

COMMITMENT 2: We will make growth and change our daily agenda.

COMMITMENT 3: We will work together to build a sturdy bond of trust.

COMMITMENT 4: We will commit to building a relationship of love.

COMMITMENT 5: We will deal with our differences with appreciation and grace.

COMMITMENT 6: We will work to protect our marriage.

Recommended Books

The 5 Love Languages by Gary Chapman
The Meaning of Marriage by Timothy Keller
What did you Expect? by Paul Tripp

Resources Used

Wiersbe's Expository Outlines
IVP Bible Background NT
The Bible Speaks Today
The Expositor's Bible Commentary
The IVP Bible Background Commentary