## 1 Timothy 1:15 (NIV)

Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners—of whom I am the worst.

Trust is the fuel for all of life.

Trust Barriers

- 1. Fear of Depending on Someone
- 2. Fear of Being Controlled
- 3. Fears Around Imperfection

What is the **best outcome** we could **imagine?** 

Forgiveness- To renounce revenge and be open to reconciliation.

- Name the wrong truthfully.
- Identify as a fellow sinner.
- Release the wrongdoer from personal payback.
- Aim for reconciliation.